

Ergebnisliste Kreismeisterschaften LVN Oberberg 2.000m und 5.000m am 25.08.2016 im Rahmen der 34. Bergisch Gladbacher Bahnlaufserie 2. Lauf in Bergisch Gladbach

2.000m

M 12

1.	7:29,39min	Felix Hoberg	VfL Engelskirchen	Jg. 04
2.	7:57,94min	Jonas Schaffrath	VfL Engelskirchen	Jg. 04
3.	8:07,69min	Leo Schlaack	VfL Engelskirchen	Jg. 04
4.	9:06,86min	Lars Aussendorf	TV Herkenrath	Jg. 04

M 13

1.	7:33,88min	Lukas vom Lehn	TV Herkenrath	Jg. 03
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M 15

1.	6:36,83min	Samir Förster	TuS 06 Waldbröl	Jg. 01
2.	7:21,43min	Jannik Stein	VfL Engelskirchen	Jg. 01

W 12

1.	7:52,48min	Eva Leifeld	TV Herkenrath	Jg. 04
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W 13

1.	9:06,45min	Swantje Zarges	TV Herkenrath	Jg. 03
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W 14

1.	8:26,73min	Denise Rigal	VfL Engelskirchen	Jg. 02
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W 15

1.	7:47,94min	Lea Perisic	TV Hackenberg	Jg. 01
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5.000m

Weibliche Jugend U20

1.	19:36,52min	Lea Meineke	TV Herkenrath	Jg. 00
2.	24:26,59min	Anna Gürster	TV Herkenrath	Jg. 99

Frauen

1.	18:15,54min	Silke Schäpers	Rhein-Berg Runners	Jg. 70
2.	19:26,93min	Alexandra Tiegel	TV Refrath	Jg. 84
3.	20:59,52min	Antje Wietscher	TV Refrath	Jg. 56
4.	21:32,64min	Doris Remshagen	TV Refrath	Jg. 67
5.	22:50,85min	Helga Knipp-Diawuoh	VfL Engelskirchen	Jg. 61

Männer

1.	15:36,67min	André Rinke	TV Refrath	Jg. 91
2.	15:39,43min	Torben Kirchner	TV Refrath	Jg. 87
3.	15:40,50min	Pascal Meißner	Rhein-Berg Runners	Jg. 83
4.	15:46,54min	David Ranftler	TV Refrath	Jg. 90
5.	15:50,86min	Simon Dahl	TV Refrath	Jg. 87
6.	16:15,79min	Arthur Ralenovsky	Rhein-Berg Runners	Jg. 93
7.	16:36,20min	Lukas Schommers	Rhein-Berg Runners	Jg. 93
8.	16:57,80min	Moritz Kufferath	TV Refrath	Jg. 79
9.	17:54,01min	Heiko Wilmes	TV Refrath	Jg. 69
10.	18:05,95min	Ralf Teicher	TV Rhein-Berg Runners	Jg. 69
11.	18:09,17min	Frederik Hartmann	TV Refrath	Jg. 68
12.	18:27,04min	Christoph Niemann	LG Gummersbach	Jg. 68
13.	18:28,74min	Rene Grass	Rhein-Berg Runners	Jg. 67
14.	18:29,37min	Wilhelm Wölfel	VfL Engelskirchen	Jg. 60
15.	19:02,25min	Detlef Jahner	Wiehltales LC	Jg. 64
16.	19:09,21min	Liam Condon	TV Refrath	Jg. 68
17.	19:32,50min	Matthias Haaser	TV Witzhelden	Jg. 66
18.	19:44,04min	Björn Müller	Rhein-Berg Runners	Jg. 96
19.	20:09,19min	Michael Redlich	VfL Engelskirchen	Jg. 61
20.	20:44,06min	Udo Hagemann	TV Witzhelden	Jg. 70
21.	20:54,07min	Alexander Dworeck	TV Refrath	Jg. 75
22.	21:22,34min	Marius Himmel	TuS 06 Waldbröl	Jg. 78
23.	23:07,04min	Hermann Josef Orth	TV Hoffnungsthal	Jg. 50
aW.	21:43,60min	Hartfried Furk	Wiehltales LC	Jg. 76